



## Cathy Wood Psychology Environmental Policy

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Cathy Wood Psychology places great importance on the environment and our vision is to ensure we play a part in the protection and long-term sustainability of the natural world.

Our aim is to minimize the environmental impact of our services, and to achieve continual improvement in environmental performance.

Cathy Wood Psychology consistently aims to operate in an environmentally responsible manner and reduce its impact on its surroundings.

The main objective of Cathy Wood Psychology's environmental policy is to reduce the amount of waste produced and resources used by the business.

Cathy Wood Psychology has introduced initiatives to restrict its negative impact on the environment wherever possible. The company's commitments include: -

- Complying with the relevant requirements of the Environmental Protection Act 1990 and all other domestic legislation concerned with the protection of human and natural environments.
  - Optimally utilising resources and re-using materials wherever possible.
  - Implementing recycling initiatives for items that cannot be reduced or re-used.
  - Encouraging more sustainable purchasing practices by purchasing environmentally responsible items wherever practicable and purchasing locally wherever possible.
  - Influencing our suppliers and contractors to encourage them to be environmentally responsible.
  - Communicating the environmental policy to all employees and encouraging their involvement.
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- Use Information and Communication Technology (ICT) to carry out our work and communicate with clients and suppliers – thus avoiding the generation of excessive volumes of paper waste.
- Encourage our staff to minimise car journeys and use environmentally sustainable transport methods in respect of commuting and business journeys wherever practical.
- Increase our reputation as an environmentally sensitive and responsible organisation amongst our employees, partners, clients and the general public.
- Review annually this environmental policy in relation to any new organisational practices, changes in legislation and achievement as regards environmental target set.

Dr Cathy Wood is responsible for all the principles laid down in the company environmental policy.

We warmly welcome any suggestions customers wish to make about other environmentally friendly ideas we could pursue

Signed

A handwritten signature in black ink, appearing to read 'C Wood', enclosed within a light grey rectangular border.

Date 14/01/2023